

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanuytven Diane

Coaches: De Weerd Koen HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 22: 100M BACKSTROKE MEN 11-12			Heat:2, starttime: 14:07
Heat: 2/5 Lane : 1 Athlete: DE PUYDT ARTHUR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:34.30 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:1, starttime: 14:16
Heat: 1/8 Lane : 5 Athlete: BOURGUIGNON NENA			Q-time: 01:43:18
PB (50m pool): 01:43.18 SportinGenk Park 21/04/2025			PB (25m pool): 01:36.14 SB: no time
	5 0 M	1 0 0 M	
PB	00:50.96	01:43.18	
	00:50.96	00:52.22	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:1, starttime: 14:16
Heat: 1/8 Lane : 7 Athlete: JORIS LINDE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:37.08 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:3, starttime: 14:21
Heat: 3/8 Lane : 8 Athlete: GERAEDTS MARIA			Q-time: 01:33:78
PB (50m pool): 01:33.78 Antwerpen 13/07/2025			PB (25m pool): 01:29.88 SB: no time
	5 0 M	1 0 0 M	
PB	00:46.69	01:33.78	
	00:46.69	00:47.09	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:4, starttime: 14:23
Heat: 4/8 Lane : 3 Athlete: DALEMANS NEL			Q-time: 01:27:14
PB (50m pool): 01:27.14 Wezenberg 05/01/2025			PB (25m pool): 01:20.56 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.40	01:27.14	
	00:42.40	00:44.74	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:4, starttime: 14:23
Heat: 4/8 Lane : 8 Athlete: SARMI SOFIA			Q-time: 01:29:05
PB (50m pool): 01:29.05 Antwerpen 13/07/2025			PB (25m pool): 01:26.32 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.67	01:29.05	
	00:43.67	00:45.38	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:5, starttime: 14:26
Heat: 5/8 Lane : 6 Athlete: VOLDERS ELLA			Q-time: 01:24:22
PB (50m pool): 01:24.22 Antwerpen 13/07/2025			PB (25m pool): 01:20.31 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.88	01:24.22	
	00:41.88	00:42.34	
			

Coach feedback:

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Event number: 24: 100M BREASTSTROKE MEN 13-14			Heat:1, starttime: 14:34
Heat: 1/9 Lane : 6 Athlete: GILLIS BAS			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:45.91 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 13-14			Heat:4, starttime: 14:41
Heat: 4/9 Lane : 1 Athlete: VERSTRAETE PEPIJN			Q-time: 01:42:06
PB (50m pool): 01:42.06 MoI 22/06/2025			PB (25m pool): 01:38.98 SB: no time
	5 0 M	1 0 0 M	
PB	00:48.88	01:42.06	
	00:48.88	00:53.18	

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 13-14			Heat:5, starttime: 14:43
Heat: 5/9 Lane : 4 Athlete: DE WEERDT BENT			Q-time: 01:36:20
PB (50m pool): 01:36.20 MoI 22/06/2025			PB (25m pool): 01:33.04 SB: no time
	5 0 M	1 0 0 M	
PB	00:45.59	01:36.20	
	00:45.59	00:50.61	

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 13-14			Heat:5, starttime: 14:43
Heat: 5/9 Lane : 5 Athlete: MARIN ALEXANDRU			Q-time: 01:36:22
PB (50m pool): 01:36.22 MoI 22/06/2025			PB (25m pool): 01:32.95 SB: no time
	5 0 M	1 0 0 M	
PB	00:44.82	01:36.22	
	00:44.82	00:51.40	

Coach feedback:

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Event number: 28: 100M FREESTYLE MEN 11-12			Heat:2, starttime: 15:16
Heat: 2/5 Lane : 5 Athlete: DE PUYDT ARTHUR			Q-time: 01:30:36
PB (50m pool): 01:30.36 Mol 22/06/2025			PB (25m pool): 01:25.16 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.31	01:30.36	
	00:43.31	00:47.05	
			

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 13-14			Heat:4, starttime: 15:33
Heat: 4/7 Lane : 4 Athlete: VERSTRAETE PEPIJN			Q-time: 00:42:66
PB (50m pool): 00:42.66 Mol 22/06/2025			PB (25m pool): 00:38.06 SB: no time
	5 0 M		
PB	00:42.66		
	00:42.66		
			

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 13-14			Heat:6, starttime: 15:36
Heat: 6/7 Lane : 5 Athlete: DE WEERDT BENT			Q-time: 00:36:66
PB (50m pool): 00:36.66 Mol 22/06/2025			PB (25m pool): 00:35.42 SB: no time
	5 0 M		
PB	00:36.66		
	00:36.66		
			

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:1, starttime: 15:38
Heat: 1/7 Lane : 5 Athlete: JORIS LINDE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:42.85 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:2, starttime: 15:40
Heat: 2/7 Lane : 7 Athlete: BOURGUIGNON NENA			Q-time: 01:56:89
PB (50m pool): 01:56.89 SportinGenk Park 21/04/2025			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:56.89	
	no time		
			

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:3, starttime: 15:43
Heat: 3/7 Lane : 4 Athlete: GERAEDTS MARIA			Q-time: 01:41:60
PB (50m pool): 01:41.60 Antwerpen 13/07/2025			PB (25m pool): 01:33.54 SB: no time
	5 0 M	1 0 0 M	
PB	00:49.79	01:41.60	
	00:49.79	00:51.81	
			

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:3, starttime: 15:43
Heat: 3/7 Lane : 6 Athlete: SARMI SOFIA			Q-time: 01:42:82
PB (50m pool): 01:42.82 Mol 22/06/2025			PB (25m pool): 01:38.58 SB: no time
	5 0 M	1 0 0 M	
PB	00:48.37	01:42.82	
	00:48.37	00:54.45	
			

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:4, starttime: 15:45
Heat: 4/7 Lane : 5 Athlete: VOLDERS ELLA			Q-time: 01:38:32
PB (50m pool): 01:38.32 Antwerpen 13/07/2025			PB (25m pool): 01:34.70 SB: no time
	5 0 M	1 0 0 M	
PB	00:46.34	01:38.32	
	00:46.34	00:51.98	
			

Coach feedback:

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Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:6, starttime: 15:50
Heat: 6/7 Lane : 7 Athlete: DALEMANS NEL			Q-time: 01:30:93
PB (50m pool): 01:30.93 Antwerpen 13/07/2025			PB (25m pool): 01:27.33 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.80	01:30.93	
	00:42.80	00:48.13	
			

Coach feedback:

Event number: 32: 100M BUTTERFLY MEN 13-14			Heat:1, starttime: 15:54
Heat: 1/5 Lane : 3 Athlete: MARIN ALEXANDRU			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:26.40 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 32: 100M BUTTERFLY MEN 13-14			Heat:2, starttime: 15:56
Heat: 2/5 Lane : 1 Athlete: GILLIS BAS			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:41.92 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback: